



# Big Brothers Big Sisters of Calgary and Area

Serving Airdrie, Cochrane, High River, Okotoks, Rocky View County and MD of Foothills

## 101 THINGS TO DO

1. Attend a Home Depot workshop.
2. Attend a craft fair.
3. Attend a theatre performance.
4. Bake a pizza and your favourite cookie recipe
5. Build Lego and a model (house, car, boat, etc.)
6. Build a snow fort and make a snowman.
7. Catch butterflies, find insects.
8. Decorate your Christmas tree and take down lights and ornaments together.
9. Try to create jigsaw puzzle and play with your Mentee.
10. Do landscaping and gardening together.
11. Draw pictures and colour together.
12. Do some painting - a fence, a picture, a face.
13. Do some woodwork and build a bird's house, bird's feeder and a box.
14. Do arts and crafts.
15. Feed the fish at the Devonian Gardens.
16. Find something your Mentee has never tried or a food she/he has never tasted.
17. Get a book from the library on science experiments or crafts.
18. Get your Mentee to direct you to your destination by using a map.
19. Go Bowling.
20. Cheer on your Mentee at one of his/her games.
21. Go downhill skiing - don't forget your safety gear.
22. Go fishing (learn how to tie flies).
23. Go for a hike in the mountains.
24. Go watch outdoor and indoor games (Stampeders, Soccer, Hockey etc).
25. Go horseback riding.
26. Go see the Mentor's worksite.

27. Go skating at different rinks, both indoor and outdoor.
28. Visit a flea market or farmers market.
29. See a musical concert or play.
30. Go to recreation Parks:> Confederation Park, Heritage Park, Prince's Island Park
31. Go to the airport and check out the "Spaceport" activities and watch the planes.
32. Go to the IMAX theatre.
33. Check out the library and read about a favourite subject.
34. Go to the local community centre.
35. Ride go-karts.
36. Go biking with your Mentee.
37. Go swimming.
38. Go tobogganing.
39. Have a barbecue.
40. Have a game of laser-tag.
41. Have a garage sale.
42. Help your Mentee with his/her science project
43. Help Mentor with a project around his/her house.
44. Keep a journal of your activities.
45. Learn about astronomy together.
46. Learn to play a musical instrument together.
47. Learn to take pictures and make a photo album together.
48. Listen music and try to create your own song.
49. Make a gift or card for someone special.
50. Make a sailboat and sail it in a creek.
51. Make paper snowflakes.
52. Make jewellery out of beads.
53. Make a kite or Fly a kite.
54. Make paper-mache.
55. Make your own gift-wrap or gift bag.
56. Make a scrapbook together.
57. Mow the lawn/rake the lawn.

58. Paint some ceramics, pottery.
59. Plan a picnic in a park.
60. Plan and make dinner together.
61. Plant a tree together and give it a nice name.
62. Play "hang man" or "I Spy" with your Mentee when you're in the car.
63. Play cards (Solitaire, Lucky 13).
64. Play Nintendo or computer games.
65. Play mini golf or go to the driving range.
66. Play games together (ping pong, soccer, tennis, road hockey, basketball, etc.)
67. Read the newspaper headlines and have your Mentee guess the story.
68. Read the paper and attend festivals.
69. Rent a movie and make lots of popcorn.
70. See a play.
71. Spend a day at the Leisure Centre.
72. Take a drive to your favourite part of town.
73. Take an art class together.
74. Take a Christmas lights tour around the town.
75. Tell good stories of when you were their age.
76. Tour a police station.
77. Tour a television station.
78. Tour a fire station.
79. Try cross-country skiing.
80. Try sailing.
81. Visit a farm.
82. Visit a pet store.
83. Visit Calgary Olympic Park.
84. Visit Eau Claire Market.
85. Visit the Calgary Tower.
86. Visit the Calgary Zoo.
87. Visit the Chinese Cultural Centre.
88. Visit the Glenbow museum.

89. Volunteer your time together.
90. Walk or wash the dog.
91. Walk through the U of C campus grounds.
92. Wash a car together.
93. Watch the horse jumping at Spruce Meadows.
94. Write and perform your own play and videotape it.
95. Write your song and sing together in the car
96. Write a good story together
97. Watch or attend an antique show.
98. Visit the Butterfield Acres.
99. Visit the Inglewood Bird Sanctuary.
100. Visit the Calgary Science Centre
101. Visit an art gallery.